

Dakota XII South Conference Meet May 7th, 2019 3:30 PM

Field events start at 3:30 pm, 1600 at 3:30 pm

Running events start at 4:30 pm

7th Grade Girls

1600 M Run	Joey Stark
100 M Hurdles	Linley Schmitz, Grace Peed, Avery Norris, Emily Benton
100 M Dash	Patty Garvin, Kaymarie Spaulding, Teagan Mollett
4 x 100 Relay	Patty Garvin, Hannah Nearman, Natalie Heuertz, Joey Stark
400 M Dash	Hannah Nearman, Ella Hayes
4 x 200 Relay	Grace Peed, Avery Norris, Abby Aslesen, Hannah Nearman
800 M Run	Joey Stark
Medley Relay (100-100-200-400)	Abby Aslesen, Natalie Heuertz, Grace Peed, Linley Schmitz
200 M Dash	Emily Benton, Ella Hayes
4 x 400 Relay	Abby Aslesen, Hannah Nearman, Joey Stark, Linley Schmitz
High Jump	Abby Aslesen
Long Jump	Linley Schmitz, Natalie Heuertz, Avery Norris, Aynslee Goetzinger
Discus	Lilly Garvin, Patty Garvin, Emily Benton, Teagan Mollett
Shot Put	Lilly Garvin, Patty Garvin, Grace Peed, Teri Moreland

8th Grade Girls

1600 M Run	Paetyn Cole
100 M Hurdles	Sophia Giorgio, Jolie Sabaliauskas, Hailey Nieman, JezmarieStultz-Praster
100 M Dash	Carly Welch, Alicen Colt, Izzy Curry, Hailey Nieman
4 x 100 Relay	Sophia Giorgio, Danica Torrez, Carly Welch, Izzy Curry
400 M Dash	
4 x 200 Relay	Sophia Giorgio, Carly Welch, Alicen Colt, Jolie Sabaliauskas
800 M Run	Paetyn Cole
Medley Relay (100-100-200-400)	Carly Welch, Izzy Curry, Danica Torrez, Grace Schuh
200 M Dash	Alexis Ludwigs, Izzy Curry, Karlee Tobias, Jolie Sabaliauskas
4 x 400 Relay	Karlee Tobias, Sophia Giorgio, Grace Schuh, Danica Torrez
High Jump	Alexis Ludwigs, Grace Griffin, Karlee Tobias
Long Jump	Karlee Tobias, Danica Torrez, Aubrey Bousquet
Discus	Ravyn Anderson, Jolie Sabaliauskas, Nicole Wells, Emily Schoeneherr
Shot Put	Nicole Wells, Emily Schoeneherr, Grace Schuh, Ravyn Anderson

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7th Grade Boys

1600 M Run	Joe, Dean, Isaiah
110 M Hurdles	Derrike, Reed
100 M Dash	Aiden J, Jacob, Tracen
4 x 100 Relay	Taydom – Tracen – Jacob - Derrike
400 M Dash	Mason, Reed, Kayden
4 x 200 Relay	Carson – Kayden – Isaiah - Garrett
800 M Run	Joe, Dean, Nick, Aiden Z
Medley Relay (100-100-200-400)	Taydom – Tracen – Jacob - Mason
200 M Dash	Aiden J, Garrett, Tracen, Taydom
4 x 400 Relay	Carson – Kayden – Isaiah - Derrike
High Jump	Carson, Garrett
Long Jump	Carson, Taydom, Garrett, Kayden
Discus	Evan, Grayson, Kade
Shot Put	Evan, Grayson, Kade

8th Grade Boys

1600 M Run	Jonathan, Brandon, Lucas Hemmingstad, Jackson
110 M Hurdles	Devon, Gavin, Chace, Easton
100 M Dash	Hunter, Alex, Jake, Lucas Hueser
4 x 100 Relay	Devon – Jake – Lucas Hueser - Noah
400 M Dash	Alex
4 x 200 Relay	Devon – Ben – Jake - Noah
800 M Run	Jonathan, Lucas Hueser, Lucas Hemmingstad, Brandon
Medley Relay (100-100-200-400)	Ben – Gavin – Hunter - Jackson
200 M Dash	Noah, Alex
4 x 400 Relay	Lucas Hueser – Hunter – Ben - Jake
High Jump	Ben
Long Jump	Hunter, Devon, Noah
Discus	Gavin, Ty, Chace, Cameron
Shot Put	Gavin, Chace, Caleb, Aidan

Dakota XII South Middle School Conference Track & Field Meet

Elk Point-Jefferson Track and Field Complex

Tuesday, May 7, 2019

Time:Field Events 3:30 /Running Events 4:30

Teams: Canton / Dakota Valley / EP-J / Lennox / Vermillion

Jumps & Throws (3 jumps/throws (no finals).

Athletes will sign up at the site of the competition.

AWARDS:Ribbons will be awarded for six places in individual events and three in relays.

EVENT SCORING: Individual Events 10 – 8 – 6 – 4 – 2 – 1

Relays 10 – 8 – 6 – 4 – 2 - 1

Sticker Meet: This will be a sticker meet. Stickers will be used in all individual track events.

High Jump: Starting heights in the high jump will be as follows:

7th girls - 3'08", 8th girls – 3'10", 7th boys – 4'00", 8th boys – 4'04"

**Athletes who are competing in the high jump and other field events should request to take their three throws/long jumps in succession to facilitate the high jump competition.

TEAM CAMPS: No camps on the football field

FIELD EVENTS(3:30PM Start – Rolling Schedule)

Session one - 7thgirls discus 7th boys shot put 8th B/G long jump 8th girls high jump

Session two - 8thgirls discus 8th boys shot put 7th B/G long jump 7th girls high jump

Session three - 7th boys discus 7th girls shot put 8th boys high jump

Session four - 8th boys discus 8th girls shot put 7th boys high jump

*NOTE: Boys and girls long jump will take place at the same time on two different runways

* 8th graders will jump first followed by 7th graders

RUNNING EVENTS

*Girls 1600 meter run (3:30PM start)

*Boys 1600 meter run (Immediately following girls)

(4:30PM Start – Rolling Schedule in the following order: 7th girls, 8th girls, 7th boys, and 8th boys)

Girls 100 meter hurdles

Boys 110 meter hurdles

Girls 100 meter dash

Boys 100 meter dash

Girls 4 x 100 relay

Boys 4 x 100 relay

Girls 400 meter dash

Boys 400 meter dash

Girls 4 x 200 relay

Boys 4 x 200 relay

Girls 800 meter run

Boys 800 meter run

Girls Sprint Medley Relay (100, 100, 200, 400)

Boys Sprint Medley Relay (100, 100, 200, 400)

Girls 200 meter dash

Boys 200 meter dash

Girls 4 x 400 relay

Boys 4 x 400 relay