

DV MS Invitational Track Meet Tuesday, April 9th

4:00 P.M.	<u>SHOT</u>	<u>DISCUS</u>	<u>HIGH JUMP</u>	<u>LONG JUMP</u>	<u>LONG JUMP</u>
	7B	7G	7B & 8B	7G	8B
	8B	8G	7G & 8G	7B	8G
	7G	7B		<u>TRIPLE JUMP</u>	<u>TRIPLE JUMP</u>
	8G	8B		7G	8B
				7B	8G

Note Triple Jumps will follow long jumps!

4:05 P.M.	1600 M Run	7th girls, 7th boys 8th girls, 8th boys			*Separate Heats *Separate Heats
4:45 P.M.	100 M Hurdles (30" Hurdles)	7th girls 8th girls	6:35 P.M.	200 M Dash	7th girls 8th girls
5:00 P.M.	110 M Hurdles (33" Hurdles)	7th boys 8th boys	6:50 P.M.	200 M Dash	7th boys 8th boys
5:15 P.M.	100 M Dash	7th girls 8th girls	7:05 P.M.	400 M Dash	7th girls 8th girls
5:30 P.M.	100 M Dash	7th boys 8th boys	7:15 P.M.	400 M Dash	7th boys 8th boys
5:45 P.M.	800 M Relay	7th girls 8th girls	7:25 P.M.	400 M Relay	7th girls 8th girls
5:55 P.M.	800 M Relay	7th boys 8th boys	7:35 P.M.	400 M Relay	7th boys 8th boys
6:05 P.M.	800 M Run	7th girls 8th girls	7:45 P.M.	1600 M Relay	7th girls 8th girls
6:20 P.M.	800 M Run	7th boys 8th boys	7:55 P.M.	1600 M Relay	7th boys 8th boys

This is a very rough estimate of the times. We will run each event immediately after the previous one has been completed.

Ribbons to the top 6 individual finishers

Ribbons to top 4 relay teams

3 attempts in shot, discus, long jump, triple jump

3 misses at a height in high jump

4 athletes per individual event

Exceptions: 3 athletes only-shot put, discus & high jump

800 & 1600-Unlimited

4 events per athlete